



Northern Essex Regional Emergency Planning Committee

proudly serving the Commonwealth of Massachusetts towns and cities of:

AMESBURY, BOXFORD, GEORGETOWN, IPSWICH, MERRIMAC, NEWBURY, NEWBURYPORT, ROWLEY, SALISBURY, AND WEST NEWBURY

On a normal day, emergency services personnel are the best trained and equipped to handle emergencies and we all count on them for their expertise. However, following a catastrophic disaster, emergency response personnel may not be able to help everyone immediately, because of the size of the area affected, lost communications, and un-passable roads. You can make a difference in our community by using the CERT training we offer to save lives and protect property.

Through a supportive and dynamic adult learning environment, citizens participating in the training will learn to work as a team with the Northern Essex Regional Emergency Planning Committee to make the community a safer place to live and to work. The purpose of this training is to prevent and/or minimize injuries and increase disaster preparedness within the families and businesses of the cities and towns served by the Northern Essex Regional Emergency Planning Committee.

Included in the CERT BASIC TRAINING:

- **Disaster Preparedness** - The CERT members' role in disaster response, hazards most likely to affect their community and how to prepare themselves.
- **Disaster Fire Extinguishment** - To reduce fire risks and engage in limited fire extinguishment using basic safety precautions.
- **Disaster Medical Operations** - How to manage airway obstruction, excessive bleeding, treatment of wounds and shock in disaster victims and methods of prioritizing multiple patients.
- **Search and Rescue** - To coordinate searches and rescues as well as searching a structure; debris removal; victim extrication and rescuer protection.
- **Disaster Psychology** - To identify and relieve post-disaster emotional stressors in rescuers and survivors.
- **Team Organization** - How to organize and function as a team with other CERT members during a disaster.



For an Application Visit Amesbury's Emergency Management Agency at:
<http://www.amesburyma.gov/government.cfm?subpage=172700>